

High Street Baptist Church
GAZETTE

Inspirational Corner
Inspirational Corner

July 2016

“STAY AWAY FROM STRIFE. IT WILL PARALYZE YOUR FAITH”

So much is happening around us, both in the Spirit realm and in the natural. In the natural things look so dire because of all the STRIFE and division the devil has going on.

James, by the Holy Spirit, said in Chapter 3 that for where envying and strife is, there is confusion and every evil work. (James 3:16). In Mark 3:24-25 Jesus said it like this: “And if the Kingdom be divided against itself, that Kingdom cannot stand. And if a house be divided against itself, that house cannot stand.

That shows you exactly what Satan is trying to do. That is what he always tries to do - whether in your family life or in your church.

The spirit of strife and division is always there lurking and looking for an opening - a way in, a place. Never, ever let your love guard down, for God is love and if you can love, you can win. Strife will paralyze faith and it is written that the just shall live by faith - (Hebrews 10:38).

And in that verse # 38 God also says that if anyone should shrink back from living by faith - He will not be pleased with us!

Strife is so dangerous. It is like having a room full of rattlesnakes and trying to walk through them without being bitten. You can't. So give the devil no place in your life. When angry, do not sin. Do not ever let your wrath, fury or indignation last until the sun goes down. Leave no foothold for the devil. Give him no opportunity.

If the United States didn't have a covenant with Jesus, it would be doomed. This is the only nation in history that was formed by people who loved God for the purpose of being free to worship Him.

So get out your Bible, get in the word of God and study it. Stand on the promises of God and walk by faith. Love your neighbor as yourself and God will take care of the rest!

(Portions taken from The Believers Voice of Victory by Kenneth Copeland Ministries and portions taken from The Holy Bible).

Volume 6 Issue 7

Rev. Serenus Churn, Jr., Pastor

No one after lighting a lamp puts it under a bushel basket, but on the lamp stand and it gives light to everyone in the house.

Matthew 5:15

**JULY 2016
CALENDAR**



July 4, 2016
Independence Day
OFFICE CLOSED

July 10, 2016
Men's Day
10:30 am & 3:00 pm

July 10-15, 2016
Valley Baptist Assoc.

July 17, 2016
Men's Union
3:00 p.m.

July 24, 2016
Homecoming

July 26, 2016
*Quarterly Church
Conference*
6:00 pm

July 31, 2016
Youth Sunday

Women's Ministry News

The Women's Ministry's next meeting is a "Firepit Chat" on Saturday, August 27, 2016 at 10:00 am in Fellowship Hall. All women are encouraged to attend for an open discussion/question and answer session.

The Women's Retreat Luncheon is scheduled for noon on Saturday, October 22, 2016 at the Roanoke Country Club

Minister Xelia B. Hickson of the Vance Street Baptist Church in Danville, VA. will be the speaker. More details to follow.

We continue to be in prayer for leadership for Women's Day, as well as for Women's Ministry officers. **Will you answer the call?**

Welcome New Ushers

The Adult Usher Board welcomes Sister Deidre Canty and Brother John Nutter Sr.

Brother John Nutter will usher on the third Sundays with the men.

We want to thank these members for their service to our Lord and Savior Jesus Christ.

Presidents Janice Williams & Trustee Leslie Dunnville

*****SAVE THE DATE*****

BACK-TO-SCHOOL

COMMUNITY CELEBRATION!!

SATURDAY, AUGUST 20, 2016

10:00 AM – 1:00 PM

At The Anchor of Hope Community Center
and High Street Baptist Church

Rev. Serenus T. Churn, Jr., Pastor
2302 Florida Avenue NW, Roanoke, VA 24017

****FREE SCHOOL SUPPLIES****

****FREE FOOD ****

****VALUABLE COMMUNITY INFORMATION FROM
LOCAL ORGANIZATIONS****



Anchor of Hope Events for July 2016:

Anchor Kitchen is being used on Friday, July 1 and on Saturday, July 2.

Anchor of Hope will be closed on Monday, July 4 in observance of Independence Day.

**** Office Closed on Monday,
July 4 - Independence Day ****

Basketball Practice - The gym is being used on Mon & Wed from 4:30 - 9:00pm, Tues and Thurs from 4:30 - 5:45 and 7:15 - 9:00pm

Hi / Low Impact Workout Sessions are in our Gym on Tuesdays and Thursdays 6:00 - 7:00 pm.

Men's Day Banquet will be held in the Anchor Gym on Sunday, July 10 after the Morning Worship Service. (Set up for this event will be on Friday, July 8 and Saturday, July 9).

Anchor Gym Closed - The gym will be closed starting Monday, July 11 thru Thursday, July 21. The floor is being cleaned and refinished.

Facility Use Committee is meeting in the Assembly Room on Tuesday, July 12 at 5:30pm

Diaconate Session will be held in the Anchor Conference Room on Saturday, July 16 at 12 noon.

Anchor Board of Directors Meeting will be on Thursday, July 21 at 6:30pm in the Anchor Conference Room.

Homecoming Meal will be served in the Anchor Gym on Sunday, July 24 following the Morning Worship Service. (Set up for this event will be on Friday, July 22).

Golden Age Club Members & Friends - Our Annual Patriotic Holiday Cookout will be held on Thursday, July 28 at 11:00am at Holiday Inn. Please sign-up and pay for your lunch by July 7. And don't forget to wear your Red, White and Blue!

Health News You Can Use

Health news you can use is featured monthly to promote holistic health—physical, mental, spiritual, social, and total body wellness. “For your body is a temple of the Holy Spirit in you, which you have from God, and that you are not your own.....You were bought with a price; therefore, glorify God in your body.” (I Corinthians 6:19-20) Additional literature is available from Nurse Corps members.

JULY: Juvenile Arthritis (JA) Awareness Month

Juvenile Arthritis (JA) is one of the most common childhood diseases in the United States, affecting nearly 300,000 children. JA is actually an umbrella term for the various autoimmune and inflammatory conditions that affect children 16 years or younger, the most common form being juvenile idiopathic arthritis (JIA), which replaces the term “juvenile rheumatoid arthritis.”

For a child diagnosed with JA today, the prognosis is better than at any time in history. The advent of new drugs in recent years and years of experience with the older ones make it possible for the vast majority of children to live healthy, active lives, and in most cases avoid the joint damage that was common a generation ago, says Yukiko Kimura, MD, chief of pediatric rheumatology at Joseph M. Sanzari Children’s Hospital, Hackensack University Medical Center, in New Jersey.

Dr. Kimura is a co-author of the American College of Rheumatology Guidelines for Treatment of Juvenile Idiopathic Arthritis (JIA). The guidelines serve as an outline doctors can follow to help guide their treatment choices for children with JIA, she says. While the new guidelines offer recommendations, they do not dictate treatment, which varies depending on a number of factors, primarily the type of arthritis your child has, says Dr. Kimura.

JIA is not one disease, but many different diseases,” she says. “The kind of medications you choose depends on the type of JIA the child is diagnosed with, so the first step is to establish the type of arthritis the child has.”

The Goals of Treatment

Remission - inactive disease - is the ultimate goal of treatment for JA. With the variety of treatments available and the aggressive use of therapies as necessary, doctors are now, more than ever, *able to achieve this goal!* “Even though this has always been our goal, we didn’t achieve it a lot of the time maybe 10 or 15 years ago. Now it is the norm rather than the exception,” says Dr. Kimura.

Oligoarticular - four or fewer joints affected

Because oligoarticular JIA affects few joints, treatment is usually less aggressive than for the other forms of the disease. Doctors often being treatment with injections of corticosteroids - man-made drugs similar to cortisol produced naturally by the body - directly into the affected joints, sometimes along with a nonsteroidal anti-inflammatory drug such as ibuprofen (*Advil, Motrin*) or naproxen (*Aleve, Anaprox, Naprosyn*).

Treatment

In addition to medical treatment, diet and physical activity is good treatment! Moving and following a diet low in processed foods and saturated fat and rich in fruits, vegetables, fish, nuts and beans is great for the body. There’s good science behind this hype. Studies confirm eating these foods lowers blood pressure and protects against chronic conditions ranging from cancer to stroke. It helps arthritis by curbing inflammation - which benefits your joints as well as your heart. Another bonus: Eating healthy, whole foods commonly found in a Mediterranean cuisine - and fewer packaged foods - can also lead to weight loss, which makes a huge difference in managing joint pain.

Inflammatory conditions such as arthritis are associated with an increased risk of heart disease, because inflammation that affects joints affects arteries, too, increasing blood pressure. Movement gets your blood flowing, increasing endurance and improving cardiovascular. You can reap the benefits of exercise even if you’re not doing high-intensity aerobics. University of Pennsylvania researchers found that moving enough to increase blood flow stimulates an anti-inflammatory response in the cells of blood vessels, helping to keep arteries open.

The same inflammatory chemicals associated with rheumatoid arthritis (RA) and lupus can block insulin receptors, making cells resist the beneficial effects of insulin. This condition of insulin resistance can progress to diabetes. A recent study shows exercise not only decreases levels of inflammatory chemicals but also increases the amount of insulin and glucose the body uses, rather than stores, by 16 percent. Reducing inflammation, as through exercising, may reduce your joint pain, as well as your risk of developing diabetes.

Graduate Sunday at High Street Baptist Church

Sunday, June 5, 2016 was a special day for the graduates at High Street Baptist Church. The 2016 graduates of high school and college were recognized and presented to the church after an inspiring and uplifting tribute by First Lady Karen Churn.

HIGH SCHOOL GRADUATES

RAYSHAWN ROSARION

- Graduate of Cave Spring High School
- Received certification for Job Readiness at the Career and Technical Education Consortium National Workplace; used certification to gain employment while in 12th grade
- Parents are Mr. & Mrs. Alan Rochelle Rosarion

THOMAS WILSON, JR.

- Graduate of Lord Botetourt High School with an Advanced Diploma and 3.45 GPA
- 4 time recipient of the VHSL Academic Excellence Award with 44 college credits
- In 2014, received certification for Job Readiness at the Career and Technical Education Consortium National Workplace
- Received full unrestricted 2016-scholarship of \$2,500 from HSBC
- Parents are Rev. & Mrs. Thomas, Sr. and Patricia Wilson

COLLEGE GRADUATES

SIERRA ASHFORD

- Graduated with a Bachelor of Arts Degree in Psychology & Minor in Criminal Justice from North Carolina A & T in Greensboro, NC
- Placed on Dean's list several semesters graduating with 3.0 GPA
- Recipient of a 2012 full unrestricted scholarship from HSBC
- Interned with Gateway Education Center (children with disabilities); plans to become a teacher
- Parents are Mr. & Mrs. Marshall and Linda Ashford

MAYA ELIZABETH CHAPMAN

- Graduated with a Bachelor of Arts Degree in Public Relations and a Minor in Professional Writing from Virginia Polytechnic University
- Placed on Dean's list every semester and graduated Summa Cum Laude with a 3.5 GPA
- Received a 2012 full unrestricted scholarship from HSBC
- Accepted a salaried, paid tuition, free housing Fellowship at the University of Buffalo where she is pursuing a Master's Degree in Student Affairs Administration
- Parents are Mr. Travis Allen and Ms. Karen Chapman

Congratulations

HOME COMING 2016 IS COMING!!!

Get ready for High Street Baptist Church's annual "Good Ol' Days" Homecoming on Sunday, July 24, 2016. The guest speaker who will bring the gospel message for the 10:30 a.m. worship service will be Rev. Clarence McLaughlin, pastor of Bethel Baptist Church in Danville, VA and he will be accompanied by his church choir.



Rev. Clarence McLaughlin

Rev. McLaughlin, a native of Danville, VA, received his education in the Pittsylvania County and Danville Public School System. In 1997, he received his Bachelor's degree from Jacksonville Theological Seminary in Jacksonville, Florida. In 1999, he received his Master's Degree from Jacksonville Theological Seminary. He is currently employed by Goodyear Tire and Rubber Inc.

Everyone is invited to attend and encouraged to dress in your "old fashioned" or "casual" clothing. We will have fun, food and fellowship on this great day following the worship service.

We are asking each member to share in this special event with your financial donations. Since the committee is preparing food for 350-400 people, your assistance will be greatly appreciated. All donations will be applied to the cost of food. To make your monetary gift, please use the Homecoming envelope found in your tithe and offering box. We are asking that all men and women who do not contribute a cake or a pie, to please donate \$10.00. We will not need soda donations this year, but volunteers to clean up will be greatly needed and appreciated.

Listed below are the food items which will be available for your enjoyment

Fried Chicken	Hamburgers	Hot Dogs	Barbecue	Pork Slices	Assorted Pies & Cakes
Cole Slaw	Baked Beans	Green Beans	Chili	Lemonade	Punch/Water

(Fixings for hamburgers and hotdogs—chili, lettuce, tomatoes, etc.)

We thank you in advance for your great acts of kindness and participation as we strive to make this Homecoming very special.

Please make your monetary donations by July 17th & homemade cakes and pies on Saturday, July 23rd by 2:00 pm.

Thank you, Homecoming Steering Committee

Gloria Randolph-King, Chairperson	Stacie Wright, Co-Chairperson	Marlena Dickerson, Advisor		
Marion Vaughn Howard	Dottie Chapman	Johnny Chapman	Tina Allredd	Patricia Dunlap

Dear High Street,



I would like to take the time to extend my thanks and gratitude to each of you, my High Street Baptist Church Family, you for your many prayers, graduation cards, monetary gifts, and everything you have done for me over the years. The love of the congregation, the wisdom and guidance of the Pastor and the Ministerial staff and the patience and nurturing spirit of both the Youth Ministry and the Sunday School Department, have all contributed greatly to my spiritual growth and development over the years! I first started attending High Street when I was in the fifth grade with my Mother (Patrina Wilson). First, because it was close to home, and then because it felt like home.

Once my Father (Rev. Wilson) completed his assignment as Pastor of two Methodist Churches, he joined us and together as a family, we became members of High Street. High Street gave me much more than a place to worship, it gave me friendships that I am sure will last well into adulthood and beyond, it gave me a place to utilize my God given gifts, and perhaps greatest of all, I was given a community. High Street is a loving and God fearing community which has continuously blessed my family over the years. Even as I embark on the next phase of my life, High Street is blessing me financially as I have received a full unrestricted scholarship. For that, I give a special thanks to the Scholarship Committee and its donors for being a blessing in such an impactful way! Words truly cannot express how proud I am to say that I grew in High Street Baptist Church and a part of this beautiful community. From the bottom of my heart I say, "Thank you High Street and I love you!"

Brother Thomas N. Wilson, Jr.



July Birthdays

Pat Dunlap	July 1
Darlene Kasey	July 2
Pam Edwards	July 3
Ralph Wade	July 4
Richard Poindexter	July 6
Georgia Reeves	July 13
James Sullivan	July 16
Pauline Ramsey	July 25
Thelma Murphy	July 26

Happy 39th Anniversary

July 12, 2016

Marvin and Penny Brandon

Greetings Church Members!

God is faithful to work in us and through us! Thank you for your part in His Kingdom work right here each day. We are grateful to Jesus for the salvation He provided for those who accept Him. He is the only reason we are here, because without Him there is no hope to share. For 12 ½ years of giving here and your new project to God's people in need. Thank you for how you care for us!

Thank you for the card and the beautiful envelope. Wow, for 1286 gallon cans of food! Thank you for your faithfulness and God bless you and your future service for Him.



All glory to Jesus,
*Your friends at
Samaritan Inn*

Expressions of Thanks

To Pastor Churn and the High Street Church Family,
The **LORD** reflects His image through thoughtful things we do.
With grateful heart, I'm thanking Him—
He's shown Himself in *YOU*.

*With APPRECIATION
Praying that God brings you many
BLESSINGS
for your kindness.*

*We have all received one gracious blessing after another.
JOHN 1:16*

To the Kitchen Staff,
Thank you for your hospitality. The food was delicious!
In Christian love and gratitude,
The family of Herbert Davis

Dear High Street Family,

Thank you so much for the encouraging letter and gift. I appreciate the love and support you've given me since I was a child. You have been a blessing to my Christian and educational growth.

Love, Maya Chapman



To My Church Family,

Thank you so much for your love, support and prayers throughout the years. Special thanks to the Scholarship Committee and those who contributed. Thank you to the Roanoke Alumni Chapter of the illustrious North Carolina Agricultural and Technical State University and for their continued support. I will continue to strive to do my best and live by the bible quote I wrote on my graduation cap, Philippians 4:13 "I can do all things through him that strengthens me."

I ask for my church family to please continue to keep me in your prayers as I embark on this new chapter in my life.

**Thank you again.,
Sierra Ashford**

To the High Street Church Family,

The Penn and Davis family expresses its sincere thanks and appreciation for all acts and words of kindness and support that was shown to our family during our time of bereavement and loss.

Your acts were very much appreciated!

Sandi and Bob Davis



HOW TO SUBMIT NEWS TO THE NEWSLETTER/GAZETTE

The newsletter highlights activities at High Street Baptist Church, as well as community affairs. News items should focus on the following: human interest stories, organizations/auxiliaries of the church, youth department events, Anchor of Hope news, photographs. (Keep in mind quality of the photos), new members, birthdays, anniversaries, births and community events.

Consideration should be given to the following:

* The newsletter will be published monthly, and distributed in hard copy and on the church's website the first week of the month.

* Each church organization/auxiliary should identify one person as reporter.

* News items can be sent to Gloria Randolph-King at gloriaran4648@gmail.com or Monique Randolph at moniqueran21@gmail.com.

Deadline for all typed or electronically submitted entries is the 10th of each month

HIGH STREET BAPTIST CHURCH

NEWSLETTER /GAZETTE COMMITTEE

Brother Al McCain, *Chair*
Gloria Randolph-King, *Editor*
Monique Randolph, *Asst. Editor*

Sister Janice Allen
Sister Ahondryea Brooks
Sister Patricia Dunlap
Sister Louise Hairston
Sister Sabrina Law
Sister Linda Moseley
Sister Brenda Nutter

► Submit news items to:
gloriaran4648@gmail.com
or moniqueran21@gmail.com

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Rev. Serenus Churn Jr., Pastor

Ministry of the Month of July

The Brotherhood Club

When we think of the history of the Brotherhood Club, it is only right that we start with the organization of the "Count On Me Club", which was the original men's club of High Street Baptist Church.

In 1930, Rev. W.E. Lee saw the need for a men's club. He called a meeting of the men of the church and at that meeting the men's club was organized. W. G. Dalton was elected as the president and a committee was elected to write a constitution for the newly formed club. On February 10, 1930, the constitution was presented and approved. The name of the club, "Count On Me" was suggested by Brother J. C. Toles.

The Count on Men Club gave birth to the Baptist Men's Union, which now meets regularly on the third Sunday of each month. Brother W. F. Dalton, the president and Brother E. C. Preston, secretary, worked on the plan for months before it was presented.

The plan was that all the men's clubs of all of the Baptist churches in Roanoke and vicinity would come together one Sunday afternoon of each month at 3:00 p.m. and that each club would ask their pastor not to have services at their church each month at this hour. The meeting would be at different churches each month and have a different speaker each time.

The COM Club has had nine presidents: Mr. W. F. Dalton, Deacon James Jones, Deacon M. C. Craighead, Mr. Aubrey Jones, Mr. W. C. Rose, Deacon Dyme Johnson and Mr. A. L. Holland.

In 1969, under the leadership of Dr. Noel C. Taylor, the Brotherhood Club was formed. The objective and purpose of this organization was to create a closer fellowship among the male members of High Street Baptist Church and to make for mutual protection and progress in the religious and recreational affairs of the church. In 1972, the COM Club and the Brotherhood Club merged and the Brotherhood Club took its slogan, "Count On Me."

In 2015, the Brotherhood sponsored a Gallon Can Drive to donate food as a part of a community service project benefiting the Samaritan Inn and the Food Pantry of High Street Baptist Church. The drive will began on the first Sunday in June, 2016 and culminated Men's Day, Sunday, July 12, 2015.

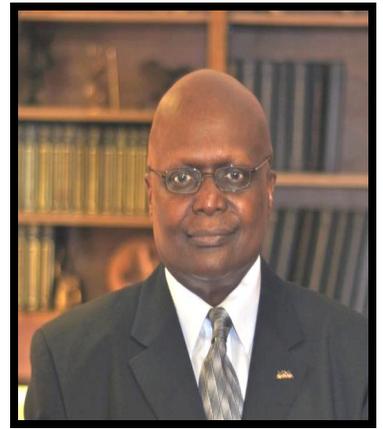
The men have been having fun with exceptional cook outs and having luncheon sessions with the young males of the church.

The current president is Brother Al McCain.

"Brother, you can count on me"

High Street Annual Men's Day

HIGH STREET BAPTIST CHURCH will celebrate Men's Day 2016 with a week-end of events beginning with a Men's Day Workshop in Fellowship Hall on Saturday, July 9, 2016 at 10:00 am to be conducted by Dr. J. Elisha Burke, Director of Health Ministries for the Baptist General Convention of VA. He will also be the guest Preacher for our 10:30 a.m. service on Men's Day, Sunday, July 10, 2016.



Dr. J. Elisha Burke

The High Street Baptist Church Men's Day Choir, under the direction of Arthur Deane, Jr. will provide the music for the morning service. A reception will follow the morning service.

Dr. Burke, a native of Belvidere, North Carolina, has been a Richmond resident since 1980. He holds a Bachelor of Science (B.S.) Degree in Social Sciences from Elizabeth City State University, Elizabeth City, NC; a Master of Divinity Degree from the School of Theology, Virginia Union University; and the Doctor of Ministry Degree from the Samuel DeWitt Proctor School of Theology, Virginia Union University. Rev. Dr. Burke is currently the Director of Health, Wellness & Social Justice at the Baptist General Convention of Virginia. He is responsible for implementation of the Health and Wellness programs designed to improve the health and wellbeing, as well as to reduce health disparities among African Americans in Virginia. Current health programs include Balanced Living with Diabetes (in collaboration with Virginia Tech, Virginia Extension Service and Virginia State University); Soul Food Junkies (the history and health impact of traditional vs healthy eating); Eat Healthy, Be Active Workshops and other health forums and events. Additionally he works with BGCVA's Social Concerns Commission to create awareness and advocacy for social justice issues.

Dr. Burke has been married to Gloria Doss Burke for 38 years. They have a daughter, Shayla, also of Richmond. His motto is "I am redeemed, called and sent to teach and preach the Gospel".

.....Still Celebrating

THE PREACHER FOR the 3:00 p.m. service will be Rev. Kaven V. Smith, pastor of the Mountain View Baptist Church in Martinsville, VA and he will be accompanied by his church choir.



Rev. Kaven Smith

Reverend Kaven Smith, was born on August 21, 1965 in Eden, North Carolina. He is a 1983 graduate of Morehead High School in Eden and also a 1987 graduate of North Carolina A&T State University with a degree in Industrial Technology. He is presently employed by UPS in Greensboro, North Carolina.

He is married to First Lady Cynthia Smith. They have two wonderful children a son, Donavon Smith and daughter, Dominique Smith. They reside in Reidsville, North Carolina.

Pastor Smith accepted his call to the ministry on June 8, 2004. Afterwards, on August 24, 2008, Pastor Smith was formally ordained into the ministry by the Smith River Missionary Baptist Association.

Lastly, on September 24, 2010, Reverend Kaven Smith was installed as Pastor of Mountain View Baptist Church in Martinsville VA.